

# Spring Scientific Conference of the College of Emergency Medicine

## Special Offers for Delegates

### 20 – 22 April 2009

To obtain the special offers delegates just need to show their conference pass or badge

Go to [www.visitbrighton.com](http://www.visitbrighton.com) to download the City and Citywide Map

## Restaurants

**Alfresco Restaurant**  
The Milkmaid Pavilion  
Kings Road Arches  
Brighton  
Tel: 01273 206523  
[www.alfresco-brighton.co.uk](http://www.alfresco-brighton.co.uk)

Boasts magnificent upstairs seating overlooking both piers and offering panoramic views along the coastline. With access over the bridge from Kings Road, enjoying the wonderful Italian food created in the restaurant could not be easier.



**Offer: Free bottle of wine between 2 people.**

City map ref: B7

**Arrogant Frog**  
119 Church Road  
Hove  
Tel: 01273 721488  
[www.thearrogantfrog.com](http://www.thearrogantfrog.com)

Old-school French restaurant located in Hove. It boasts a gorgeous, inviting dining room with wooden floors, 40s-style wallpaper and banquette seating.



**Offer: 3 course meal for £13.95 including a free glass of wine. Valid Monday – Thursday**

Citywide map ref: E6

**Donatello**  
1-3 Brighton Place  
Brighton  
Tel: 01273 775477  
[www.donatello.co.uk](http://www.donatello.co.uk)

Very popular authentic Italian pizzeria offering quality pizza, pasta, meat, fish and vegetarian dishes at reasonable prices. Set menus available from £6.95. Seating for 300 people plus 80 al fresco. Open 7 days a week 11.30am - 11.30pm.



**Offer: 10% off food bill.**

City map ref: G7

**Drakes Hotel**  
43-44 Marine Parade  
Brighton  
Tel: 01273 696934  
[www.drakesofbrighton.com](http://www.drakesofbrighton.com)

Drakes of Brighton, the stunning seafront boutique hotel, which incorporates one of Brighton's best Fine Dining Restaurant & Bar, combines breathtaking design with warm, friendly service.



**Offer: Complimentary glass of sparkling wine with every main course ordered from the à la carte menu.**

City map ref: K8

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**English's of Brighton**  
29 - 31 East Street  
Brighton  
Tel: 01273 327980  
www.englishs.co.uk

The South's leading Seafood Restaurant and Oyster Bar offers superb à la carte and set menus in Edwardian splendour or on the heated terrace.  
**Offer: 10% discount on tables of 6 or more.**



City map ref: G7

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**FATLeo**  
16-17 Market Street  
Brighton  
Tel: 01273 325135  
www.fatleo.co.uk

One of Brighton's favourite Italian Restaurants offering pizza, pasta, meat, fish and vegetarian dishes at very reasonable prices. Open 7 days a week 12noon – 10pm.  
**Offer: 10% off food bill.**



City map ref: G7

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**Fratelli**  
5 & 20 Brighton Square  
Brighton  
Tel: 01273 730355  
www.fratelli.tv

As well as seating over two stylish, contemporary floors Fratelli features one of the largest al fresco dining areas in the city with its spectacular roof terrace. The menu reflects both Italian and English heritage.  
**Offer: 10% off food bill.**



City map ref: G7

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**Gars**  
19 Prince Albert Street  
Brighton  
Tel: 01273 321321  
www.gars.co.uk

Gar Chinese restaurant, in the heart of the famous Brighton lanes, offers a creative mix of modern and authentic Chinese cuisine with a sprinkling of Japanese and Thai favourites.  
**Offer: 20% off food bill.**



City map ref: F7

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**Graze Restaurant**  
42 Western Road  
Hove  
Tel: 01273 823707  
www.graze-restaurant.co.uk

A glamorous dining experience in the heart of Regency Brighton and Hove, Graze Restaurant serves traditional British European cooking with a very modern approach.  
**Offer: 20% off à la carte menu, Tuesday to Thursday evenings.**



Citywide map ref: G7

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**Indian Summer**  
69 East Street  
Brighton  
Tel: 01273 711001  
www.indian-summer.org.uk

A contemporary Indian restaurant offering real Indian food prepared from the finest available ingredients and prepared freshly on the premises. Plenty of vegetarian and gluten-free options available.  
**Offer: 10% discount on all food & drink.**



City map ref: G8

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**Moshi Moshi**  
Opticon  
Bartholomew Square  
Brighton  
Tel: 01273 719195  
www.moshimoshi.co.uk

Described by The Times as having a "fanatical following", Moshi Moshi has become one of the leading restaurants on the South Coast. Known for its fresh, handmade sushi and authentic approach to hot Japanese dishes.  
**Offer: 20% off food bill.**



City map ref: G8

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## Northern Lights

6 Little East Street  
Brighton

Tel: 01273 747096

www.northernlightsbrighton.co.uk

Scandinavian-style bar and restaurant housed in a historic cottage building with outside sheltered terrace away from traffic.

**Offer: 10% discount for groups over 10 people, booking essential.**



City map ref: G8

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## Oki-Nami

6 New Road  
Brighton

Tel: 01273 773777

www.okinami.com

The design of the new restaurant is clean, simple and welcoming; and uses two fundamental principles of Japanese cooking, the quality and the freshness of ingredients.

**Offer: 15% off lunch & early dinner 6-7pm.**



City map ref: G6

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## Palm Court Restaurant

Brighton Pier  
Brighton

Tel: 01273 609361

www.brightonpier.co.uk

Located on the famous Brighton Pier. At 1,722ft long and acknowledged as the finest pier ever built, Brighton Pier now offers all the swagger and style of tradition balanced with the pace and excitement of today.

**Offer: Free glass of champagne with every fish & chip meal.**

City map ref: H9

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## Pinocchio

22 New Road  
Brighton

Tel: 01273 677676

www.pinocchio.co.uk

Very popular pizzeria situated near the Theatre Royal and Dome Complex. Set menu from £5.95. Open 7 days 11.30am - 11.30pm (last orders).

**Offer: 10% off food bill.**



City map ref: G6

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## The Gingerman

21a Norfolk Square  
Brighton

Tel: 01273 326688

www.gingermanrestaurants.com

A perfectly intimate little restaurant with the philosophy to create uncomplicated, full flavoured food made from the freshest, highest quality seasonal produce, simply presented.

**Offer: 15% off food bill, valid Monday - Friday lunch only.**



City map ref: A6

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## The House Restaurant

37 East Street  
Brighton

Tel: 01273 321111

www.thehouserestaurant.co.uk

Charming, double fronted converted Victorian residence very popular with locals. Friendly, helpful and dedicated family run restaurant. Excellent choices from the à la carte menu to include fish, chicken, steak, lamb and vegetarian dishes.

**Offer: 10% off the final bill.**



City map ref: G7

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## The Regency Restaurant

131 Kings Road  
Brighton

Tel: 01273 325014

www.theregencyrestaurant.co.uk

Enjoy delicious locally caught fresh fish and seafood at the Regency, one of Brighton's most popular seafood restaurants with superb views of the sea and the West Pier.

**Offer: One free glass of wine with your meal.**



City map ref: C7

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## Shopping

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### Baroque

9 Union Street

Brighton

Tel: 01273 777003

www.baroquejewellery.com

This stunning luxury retail showroom cleverly crosses the boundaries of high end jewellery and fashion jewellery, seamlessly entwining luxury with cutting edge affordable chic.

**Offer: 10% Discount.**



City map ref: F7

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### Cargo

62 - 63 East Street

Brighton

Tel: 01273 202161

www.cargohomeshop.com

Specialising in stylish and affordable accessories for the home, from cushions to tableware, lighting to bedding.

**Offer: 20% off full price items.**



City map ref: G8

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### Champneys

24 East Street

Brighton

Tel: 01273 777155

www.champneys.com

Whether you have an hour to de-stress, or maybe an afternoon to completely unwind and relax, Champneys now provide the perfect environment where you can immerse yourself in relaxing surrounds and indulge in a little spa therapy.

**Offer: 25% discount off all treatments.**



City map ref: G7

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### The Toast of Brighton & Hove

40 Church Road

Hove

Tel: 01273 208180

www.toastchampagne.co.uk

The Toast of Brighton & Hove is a boutique retailer with a stock of fabulous champagne and a wide range of champagne accessories, from branded gift sets to ice buckets and an array of beautiful champagne flutes.

**Offer: 10% discount on all purchases.**



Citywide map ref: E6

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## Attractions

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### Royal Pavilion

Brighton

Tel: 01273 290900

www.royalpavilion.org.uk

The spectacular seaside palace of the Prince Regent (George IV) transformed by John Nash between 1815 and 1822 into one of the most dazzling and exotic buildings in the British Isles.

**Offer: £1 off full adult admission or £10 entry and a cream tea.**



City map ref: H7

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### Sea Life Centre

Marine Parade

Brighton

Tel: 01273 604234

www.sealifeeurope.com

Watch in amazement as giant turtles and sharks glide above you in the underwater tunnel. Be prepared for a shock as you come face to face with giant spider crabs and watch out for the hungry piranhas.

**Offer: £5 off admission.**



City map ref: H8

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